



# Herb Products Company

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## Renee Caisse's Herbal Formula Information and Instructions

2 lb.	Burdock Rt., c/s (6 ½ Cups)- <i>Arctium lappa</i>	\$ 26.30	
1 lb.	Sheep Sorrel Lvs., pwd. – <i>Rumex acetosella</i>	16.80	
4 oz.	Slippery Elm Bark, pwd. – <i>Ulmus fulva</i>	8.75	
1 oz.	Turkey Rhubarb Rt., pwd. – <i>Rheum palmatum</i>	1.10	
	Total Herbs	52.95	(Herbs yield a total of 10, 2 gallon batches.)

\*Amber bottles are not necessary, but we

do have available: 12, 16 oz. Amber Glass bottles with caps

Total Both

22.00

\$ 74.95

(Bottles will hold your 1<sup>st</sup> 2-gallon batch.)

(CA Residents add \$ 1.41 sales tax to orders with bottles)

Shipping & Handling charges apply at Total: **(Orders to PO Boxes are shipped via U.S.P.S. – Actual freight cost applies.)**

UNITED STATES: Shipping and Handling via UPS: Herbs only add \$8.70; Herbs & Bottles add \$11.95

CANADA: Orders shipped US Air Mail and require either a Credit Card (Visa/Mastercard) or money order payable through a U.S. bank. Air Mail, Insurance and Handling fees are as follows: Herbs only add \$ 25.85 to total, Herbs & bottles add \$ 39.75 to total.

## Directions to Prepare Renee Caisse's Herbal Formula & Supplies Needed

### PLEASE READ DIRECTIONS THOROUGHLY!!

**Note: The herbs must be prepared properly, and the bottles sealed while “hot” or the tea will spoil.**

#### Renee Caisse's Herbal Formula, Ingredients Needed:

- 6 ½ Cups Burdock Root (Cut/Sifted)
- 1 lb. Sheep Sorrel Leaves (Powder)
- 1 oz. Turkey Rhubarb Root (Powder)
- 4 oz. Slippery Elm Bark (Powder)

[Please note optional bottling directions, attached.]

#### Supplies Needed

- 2 Gallons Distilled Water
- 2 ea – 3 Gallon (12 quart) STAINLESS STEEL pots with tight lids  
- Never use aluminum, porcelain pots may be used.-
- 1 – Strainer (fine mesh)
- 1 – Stainless or wooden spatula
- 1 – Funnel
- 1 – Timer (Optional)
- Sterile\* Glass Bottles with Sealing Caps

#### Directions to Prepare Renee Caisse's Herbal Formula

##### 1<sup>st</sup> Step

##### Mix All 4 Herbs Completely in a Plastic Bag.

DO NOT use all the materials, one-8 oz. measuring cup will make one-2 gallon batch. The 4 mixed herbs are enough to prepare 10-2 Gal. batches for a total of approximately 15 gallons prepared.

**2<sup>nd</sup> Step** – You will need 2-gallons Distilled water and only one, 8 oz. measuring cup of mixed materials, DO NOT pack down or add to the water until told to do so.

**3<sup>rd</sup> Step** –Bring 2 gallons of water to a hard boil (takes about 30 minutes). The lid should be on all the time (except while stirring).

Add 8 oz. of “R.C.” mixed herbs, Stir, BOIL HARD for 10 minutes (Adjust flame as needed). Then turn off stove and remove from hot burner - let sit for 6 hours. After 6 hours, Stir thoroughly and replace the top. Let tea sit for 6 more hours. After the last 6 hours, stir, turn on heat and bring the tea to boil. At the boiling point turn off the heat, strain into a second pot. Stop straining the tea when thick, “sludgy” liquid starts to pour down. Discard this dark “sludgy” liquid. Clean the first pot and strain the tea a second time back into pot # 1. Immediately pour the tea into bottles and put the caps on.

Fill each bottle up to the neck – the last bottle may not fill to the top.

Note that the tea must be bottled hot. Store unopened bottles in a dark cabinet or put them back into the box.

#### Directions for Use of Renee Caisse's Herbal Liquid

Heat FOUR Tablespoons (2 oz.) of DISTILLED water. To be heated water add FOUR Tablespoons (2 oz.) Of “R.C. Herbal Liquid.” Mix and Drink. To be taken at Bedtime on an EMPTY STOMACH, at least two hours after eating. It can be taken in the morning on an EMPTY STOMACH. If taken in the morning, do not eat for at least a half hour after taking. For more directions see reverse.

**ONCE THE BOTTLES ARE OPENED, KEEP REFRIGERATED OR SPOILAGE WILL OCCUR**

**\*Directions for sterilizing Bottles:** Rinse out bottles with water-do not use soap. Immerse the bottles in cold water in a pot and bring to a full boil for 5 minutes. Remove carefully and invert on a rack to dry.

**Caps:** DO NOT BOIL! Soak caps in either peroxide or white vinegar for 1 hour then wipe dry – do not rinse. Note that the caps should be replaced every third batch and are available for \$4.00 a dozen.

The whole purpose in starting on this wonderful old therapy is, of course, to obtain the greatest benefit from it. This being so, certain important factors should be known by those who take it. Natural therapies take time to re-awaken the healing process and restore health to something that's taken a long time to develop, so be patient!

Overall, Renee Caisse's patients took her treatment on the longer rather than the shorter term, often a year or more. Certainly until proof of stable improvement was shown. The daily dosage was gradually decreased until maintenance dosage (2 ounces once a day) was reached. This smaller amount could be continued as long as desired.

## **Suggested Use**

### **Preventive or Tonic:**

- Shake the Renee Caisse liquid well before use.
- Measure out 1 to 2 ounces once daily.
- Dilute with equal or double amount of unfloridated, boiled hot water.
- Sip slowly.
- For best results, take on an empty stomach either in the morning or just Before bed.

### **Extra Strength (For Active Illness):**

- Measure out 2 ounces once or twice daily.
- Dilute with an equal or double amount of unfloridated, boiled hot water.
- Sip slowly.
- For best results, take on an empty stomach at night before bed or in the morning 1 hour before eating.

### **Maximum Strength:**

- Measure out 2 ounces three times daily.
- Dilute with an equal or double amount of unfloridated, boiled hot water.
- Sip slowly, When improvement is stable, cut back to twice daily.

### **For Children:**

- Maximum daily amount of 1 ½ to 2 ounces.
- Dilute with equal or double amount of unfloridated, boiled hot water.
- Sip slowly. Take on an empty stomach, half the daily amount in the morning 1 hour before breakfast and the other half before bed.
- Keep out of their reach.

### **For Infants:**

- Maximum daily amount of 1 ounce.
- Dilute with equal or double amount of unfloridated, boiled hot water.
- Sip slowly. Give half in the morning when suitable and the other half in the evening before bed.
- Keep out of their reach.

**SIP THE TEA. TAKE 3 OR 4 MINUTES TO DRINK IT!**